

Auckland Regional Public Health Service

Rātonga Hauora ā Iwi o Tamaki Makaurau



Working with the people of Auckland, Counties Manukau and Waitemata

Auckland Regional Public Health Service

Cornwall Complex, Floor 2, Building 15
Greenlane Clinical Centre, Auckland
Private Bag 92 605, Symonds Street,
Auckland 1150, New Zealand
Telephone: 09 623 4600
Facsimile: 09 623 4633
Website: www.arphs.govt.nz

Date

Dear Parent or Guardian

Measles at (insert name) School

A student at (insert name) School has recently been reported to Auckland Regional Public Health Service with measles. I am writing to you because other students and staff at (insert name) School may have been exposed to this infection. Measles is a serious viral infection, the early symptoms include fever, cough, runny nose, sore red eyes and white spots inside the mouth. After 3 to 5 days a rash appears on the face and then moves down the body. Occasionally measles has dangerous complications. Measles is highly infectious.

- If you are not sure of your child's immunisation records, check with your GP.
- If your child has had one MMR (more than a month ago) please make an appointment with your family doctor for the second MMR, and once received, they may then return to school.
- If your child has been in contact with measles and is not immune they need to stay at home in isolation, until the risk period has passed, in accordance with the Health (Infectious and Notifiable Diseases) Regulations 1966.

The risk period for isolation and for you to watch out for the signs and symptoms of measles is until **(insert day and date: please add 14 days on to the last day of contact with the measles case while they were infectious)** inclusive. Please refer to the attached factsheet for more information about measles. (<http://www.arphs.govt.nz/health-information/communicable-disease/measles>)

If your child develops symptoms:

- See a doctor (call ahead to alert your doctor about the possibility of measles before visiting and take this letter along).
- If the doctor thinks your child has measles, the doctor should ring Auckland Regional Public Health Service to notify us (09 623 4600).

Immunisation against measles is the most effective way to prevent infection. I recommend that you have your child immunised against measles as soon as possible.

Yours sincerely

Dr Bruce Adlam
Medical Officer
Auckland Regional Public Health Service