

Fact sheet: Measles outbreak and pregnant women

- Non-immunised women who become ill with measles while pregnant are at risk of miscarriage, premature labour and low birth weight infants.
- Pregnant women **can not** receive the MMR vaccine.
- If **you were not immunised against measles** prior to becoming pregnant, you cannot receive the MMR vaccine. However, it is important that people you are in close contact with are immunised so encourage close friends, family and work colleagues to get immunised to help protect your unborn child.
- If **you were immunised against measles** prior to becoming pregnant, you are almost certainly protected. Despite this, it is still important that people you are in close contact with are also immunised, so encourage close friends, family and work colleagues to get immunised to help protect your unborn child.
- Pregnant women who think they have measles, or have come in contact with someone with measles, must call their GP or lead maternity carer as soon as possible.
- Women of child bearing age should avoid pregnancy for one month after having a dose of the MMR vaccine.

If you are pregnant it is important all close contacts are immunised. If you are not sure if you are immunised call your GP. Pregnant women cannot receive the MMR vaccine.

Auckland Regional Public Health Service

Rātonga Hauora ā Iwi o Tamaki Makaurau



Working with the people of Auckland, Counties Manukau and Waitemata